

Be Informed Before You Seek Medical Care



Low

Cost and time

High

	Employee Health Center	Cigna Telehealth	Doctor's Office	Urgent Care Center	Emergency Room
	Treats minor medical concerns. Staffed by physicians and nurse practitioners. Two locations available – Port Charlotte and Punta Gorda. 20 minute appointment – No long stay in waiting room. Open nights and Saturdays. Online scheduling 100% confidential and HIPAA compliant. https://www.myhealthonsite.com/patient-access 941-800-2005	Access telehealth services to treat minor medical conditions. Connect with a board-certified doctor via video or phone when where and how it works best for you. Visit the website or call to register. MDLIVE website: myCigna.com > “Talk to a doctor, counselor or nurse” > “Connect Now” MDLIVE 24/7 at 888-726-3171	The place to go when needing to see a doctor that specializes in a particular branch of medicine, usually recommended by a physician at the health center.	For conditions that aren't life threatening. Staffed by nurses and doctors and usually have extended hours. As of April 1, 2018 the closest urgent care center is located at: MedExpress 2200 Tamiami Trail Port Charlotte, FL 33948 Visit cigna.com to find the closest urgent care to your home or work.	For immediate treatment of critical injuries or illness. Open 24/7. If a situation seems life-threatening, call 911 or go to the nearest emergency room. “Freestanding” emergency room (ER) locations are becoming more common in many areas. Because these ERs are not inside hospitals, they may look like urgent care centers. When you receive care at an ER, you're billed at a much higher cost than at other health care facilities.
Type of Conditions Treated	<ul style="list-style-type: none"> › Routine Checkups › Colds and flu › Sore throats, earaches, sinus pain › Minor cuts or burns › Vaccines › Digital X-rays & EKG › Free flu shots › Preventive Care › Chronic condition management › Onsite lab draws 	<ul style="list-style-type: none"> › Colds and flu › Rashes › Sore throats › Headaches › Stomachaches › Allergies › UTIs and more 	<ul style="list-style-type: none"> › Health issues that require specialized care › Advanced treatments/screenings › Complex chronic conditions › Pediatrics 	<ul style="list-style-type: none"> › Fever and flu symptoms › Minor cuts, sprains, burns, rashes › Headaches › Lower back pain › Joint pain › Minor respiratory symptoms › Urinary tract infections 	<ul style="list-style-type: none"> › Sudden numbness, weakness › Uncontrolled bleeding › Seizure or loss of consciousness › Shortness of breath › Chest pain › Head injury/major trauma › Blurry or loss of vision › Severe cuts or burns › Overdose
Cost and Time	<ul style="list-style-type: none"> › \$0 › Appointment needed › Rx available for free 	<ul style="list-style-type: none"> › \$0 › Appointments typically in an hour or less › No need to leave home or work › Open 24/7 › Rx available 	<ul style="list-style-type: none"> › \$ 25 PCP - \$35 Specialist › Need an appointment - often weeks ahead › Wait times vary and may be long 	<ul style="list-style-type: none"> › \$50 › No appointment needed › Wait times vary 	<ul style="list-style-type: none"> › \$150 › No appointment needed › Wait times long, often over 4 hours