



My Health Onsite Vital Health Profile

WHAT IS VITAL HEALTH PROFILE (VHP)?

My Health Onsite Vital Health Profile (VHP) is an in-depth analysis of 26 key lab panels plus other health measures indicating high cholesterol, diabetes, liver functions, chemistry levels, nutrition, prostate cancer, hypertension and more. From a blood draw and health questionnaire, you will receive a detailed report which explains your results to help you better understand your results. Armed with this powerful tool, you will be encouraged to discuss your health risks with the My Health Onsite medical staff in detail, prepare a plan of action, and track trends that are essential to healthy living.

WHAT PANELS ARE INCLUDED IN THE VITAL HEALTH PROFILE (VHP)?

- Total Cholesterol • Triglycerides • HDL • LDL • Chol/HDL • Glucose • BUN • Sodium-NA • Creatinine
 - BUN/Creat. Ratio • Potassium-K • Phosphate-PO4 • Chloride-CL • Calcium-Ca • Total Protein
 - Albumin • Globulin • A/G Ratio • Alk. Phos. • LDH • AST (SGOT) • ALT (SGPT) • GGT • T. Billirubin
 - Uric Acid • Iron Serum
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HOW DO I MAKE AN APPOINTMENT FOR THE VITAL HEALTH PROFILE (VHP)?

1. Go to www.myhealthonsite.com, click **LOGIN**, then select **PATIENT ACCESS**; Select the **Patient Access Hyperlink** to take you to the Patient Portal page
2. On the Patient Portal page, Enter **Username** and **Password**
3. Click **Appointments** on the left navigation bar
4. Select **Facility Location**, Select **Provider**, Select **Visit Type (Click Vital Health Profile [VHP])**, Select **Date**, and Select **Preferred Time**
5. Select **Time and Confirm Appointment**

QUESTIONS?

Call **888-644-1448** to schedule your appointment through My Health Onsite 24-hour call center